

Secondary Prevention Best Practice Tool Kit

AGENDA

Preventing Strokes One at a Time

*Workshop based on the
Canadian Best Practice Recommendations for Stroke Care (updated 2008)
sections on Prevention*

Date:

Location:

Time:

Registration 8:30-8:45 am

TIME	TOPIC	PRESENTER
08:45-09:00	Welcome, Introductions	
09:00-09:45	Evaluating the Event	
09:45-10:30	Acute Interventions and Management	
10:30-10:45 Break		
10:45-11:20	Lifestyle and Risk Factor Management	
11:20-12:00	Putting it All Together	
12:00-13:00 LUNCH		
13:00-14:30	Presentations (20 presentation, 5 Q&A) <ul style="list-style-type: none">• Blood Pressure Assessment and Stroke (25 min)• Smoking Cessation (25 min)• Healthy Eating (25 min)	
14:30-14:45 Break		
14:45-15:30	Hands on, Small Group Stations: <ul style="list-style-type: none">• 15 minutes at each station on the topics presented above (or add this session to individual presentations above)	
15:30-15:50	Regional Response, Impact	
15:50-16:00	Wrap Up & Evaluations	

This resource and its components are based on the Canadian Stroke Strategy Best Practice Recommendations, 2008 and is intended to support implementation of these recommendations.



Canadian Stroke Network

Réseau canadien contre
les accidents cérébrovasculaires



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